



## Allied Health Sciences Reflection

You have spent time learning about careers in Allied Health Sciences. Remember all of the activities that you did and all of the different careers you learned about! For the last piece of this unit, you will take some time to reflect on your work and learning in Allied Health Sciences unit.

Begin by reviewing these questions and thinking about how you would respond. You'll be asked to select a number of them to respond to in writing before presenting your **reflection** Flipgrid.

### **Information Technology**

- Were you interested in Allied Health Sciences when you started this unit?
- What did you learn about yourself during these lessons about Allied Health Sciences?
- How did your interest in Allied Health Sciences change over the course of your learning?

## Self

- What did you learn about your interests?
- What skills did you build in your skills bank?
- On what skill did you improve? How do you know you improved? Why is the skill important?
- What did you find most interesting and engaging, and what questions do you still have?
- Which of the careers we explored would be a good match based on your **self** lenses?

## **Society**

- What are the important challenges or problems in your community that are important to you?
- How can you help people as a member of this professional community?
- Which of the careers we explored would be a good match based on your **society** lenses?

## Security

- What are the next steps you might take to be “future ready”?
- What choices would you need to make it into this field?
- What skills are important in their field/career?
- What are the next steps you might take to be “future ready”?
- Which of the careers we explored would be a good match based on your **security** lenses?