



Emergency Ambulance Transport

Reflect on what you already know about emergency medical technicians (EMTs). Answer at least one set of the following questions:

1. Have you ever been present at an emergency scene or ridden in an ambulance? What were some of the EMT's interventions to help the patient?
2. What do you think EMTs have to be prepared for when they arrive at the scene of an emergency?

The Respiratory System

Name the five parts of the respiratory **system** and the functions they perform.

Response 1

Response 2

Response 3

Response 4

Response 5

Respiratory Distress Lab

For this lab, you will find your pulse at rest and after exercise.

Step 1: First, find your pulse at rest. Find your pulse on your wrist and count the number of beats for 15 seconds. Record that number.

Step 2: Multiply that number by 4 in order to calculate the number of beats per minute and record that number.

This is your pulse at rest. Now let's find your pulse after exercise.

Step 3: First, do 30 jumping jacks, and then count the number of beats for 15 seconds. Record that number.

Step 4: Now, multiple that number by 4 in order to calculate the number of beats per minute. Record that number.

This is your pulse after exercise.